

*Sutton & Cheam MC and Craven MC  
Present*



*The Abingdon  
LONG COURSE SPRINT*

**Essex Extreme<sup>LTD</sup>**  
ACCIDENT REPAIR, BODY KITS & CONVERSIONS

**BARC**  
2019 SPEED  
CHAMPIONSHIP  
**CONNAUGHT**  
CONVERSION ENGINEERS

**TYREMARKS**  
*LAUSSTOCK*  
www.tyremarks.co.uk  
ECU REMAPPING & DIAGNOSTIC SPECIALISTS  
**01822 611321**

**HISTORIC RALLY CAR REGISTER**  
**SPEED SERIES**  
WELCOMES RACING CHAMPIONSHIP 2019  
**MORAN**  
Motorhomes Limited

**HAMILTON**  
*Classics LTD*  
2019 ACSMC  
Speed & Hillclimb  
Championship  
www.hamiltonclassics.co.uk



*Sunday 7<sup>th</sup> April 2019*

# *Looking at the long option!*

Sutton & Cheam Motor Club and Craven Motor Club are pleased once again to present The Long Course Sprint, a National B status motor sport event at the stunning Abingdon Airfield in Oxfordshire, home of the Abingdon Motorsport CAR-nival. This is the 3<sup>rd</sup> running of the event and incorporates lessons learnt in over the past 2 years.

As an alternative to the CAR-nival format, The Abingdon Long Course Sprint is exactly as it says, a longer, more testing combination of the 2 courses, bolted together.

Starting at the top of the airfield (where the Abingdon Course start normally sits) the Long Course follows a similar route through the S bend, around the wide chicane and then on down the straight with the remains of the Didcot Power Station in the distance. As it sweeps into the long left-hander this is where it all changes as rather than finishing the 1,600 metre course it carries on out onto the main runway before heading North again along on side of the main runway. A small chicane precedes the 90-left, long hairpin and 90 left back onto the main runway until you finally reach the finish, situated around the same location as the Bentley course start. That final left has been altered from 12 months ago and will be wider and easier to negotiate in single seaters and alike.

All in all, a course distance of around 2 miles of fun to test man, woman and machine.

As in 2018, interest is already very high, and we urge you to secure your entry as soon as possible as we feature as a round of 6 major speed championships as we welcome the HRCR Speed Championship supported by Moran Motorhomes. The event will also be a favourite amongst those traditional CAR-nival fans as it will allow them an early opportunity to get their hand in, ready for the big one on 8<sup>th</sup> June.

Those that are local to the venue can enjoy a mid-afternoon noise and scrutineering session on Saturday 7<sup>th</sup> April between 2 - 4pm if required and vehicles can be left at the venue overnight (strictly at owners' risk).

Entry fees should be paid via BACS or in the traditional manner with a good old cheque.

Please be warned that entry levels are pegged at 120 so don't be disappointed!

**The Long Course Team**

**Visit [www.scmc.co.uk](http://www.scmc.co.uk) for more info**

# The Long Course Sprint

Sunday 7th April 2019

## **ARTICLE 1 – Announcement**

- 1.1 Sutton & Cheam MC will organise a National B Status Sprint at Dalton Barracks, Abingdon, Oxfordshire on Sunday 7th April 2019, promoted in association with Craven Motor Club.

## **ARTICLE 2 – Jurisdiction**

- 2.1 The meeting will be held under the General Regulations of the Motor Sports Association (incorporating the provisions of the International Sporting Code of the F.I.A.), these regulations and any official instructions issued by the organising club.

## **ARTICLE 3 – Authorisation**

- 3.1 The Motorsport UK Permit Number will be advised in the Final Instructions.
- 3.2 The event is open to competitors holding a valid Motorsport UK Competition Licence, and who are fully elected members of clubs who are affiliated to either:  
The Association of Central Southern Motor Clubs  
The Association of South Eastern Motor Clubs  
The Association of Eastern Motor Clubs  
The Association of South Western Motor Clubs
- 3.3 The event is a qualifying round of the following championships:  
2019 ACSMC Speed Championship supported by Hamilton Classic Ltd  
2019 BARC Connaught Speed Championship  
2019 ASEMC Essex Emergency 2000 Speed Championship  
2019 Essex Extreme AEMC Sprint Championship  
2019 TyreMarks ASWMC Sprint Championship  
2019 Sevenoaks & DMC Speed League  
2019 HRCR Sprint Championship supported by Moran Motor Homes
- 3.4 All competitors must produce Club Membership & Championship Registrations at documentation. Competitors must also produce valid MOT certificates and relevant insurance documents where appropriate to their class.

## **ARTICLE 4 – Timetable**

- 4.1 The timetable for the event will be as follows: -

Entries Open	13 <sup>th</sup> January 2019
Entries Close	1 <sup>st</sup> April 2019
Final Instructions Published (Latest)	2 <sup>nd</sup> April 2019
Noise / Scrutineering Session 1	6 <sup>th</sup> April 2019 (Saturday) 14.00 – 16.00 hrs
Noise / Scrutineering Session 2	7 <sup>th</sup> April 2019 07.00 – 09:00 hrs
Documentation opens	07.00 hrs
Drivers Briefing in HQ Marquee	08:30 hrs
Convoy, Practice / Timed Runs	09.00 hrs
Lunch break (Approx)	12.30 hrs
Timed Runs Recommence	13.15 hrs
Approximate Finish, Results & Awards	17.00 hrs

## ARTICLE 5 – Courses & Timed Runs

- 5.1 The event will comprise of:  
Approximately 2 miles of very smooth unbroken tarmac with several bends, chicanes and 90 degree turns.
- 5.2 Competitors will be given the opportunity 2 timed runs. If time and entry levels permit, there may be an additional non-mandatory third timed run which WILL NOT count towards the results of the event.
- 5.3 Competitors will be given the opportunity of a convoy run, followed immediately by 2 timed practice runs from a standing start.
- 5.4 Should time limits dictate, the organisers reserve the right to establish results based on 1 timed run. Once each competitor has received the opportunity to complete first timed runs then competition will move onto second timed runs. Any competitor who has not completed their first timed run will forgo that run.

## ARTICLE 6 – Practice & Start / Stop Procedure

- 6.1 Competitors will be required to complete 2 practice runs prior to the commencement of timed runs. Any competitor who fails to complete at least 1 timed run prior to the commencement of Timed Runs may be excluded.
- 6.2 Competitors will be called in Class and Number order. Any competitor who (without the consent of the Clerk of the Course) fails to report for practice or timed runs within 15-minutes of being called MAY be refused a start.
- 6.3 It is the competitor's responsibility to report to the start line at the appropriate time. All runs will be from a standing start.
- 6.4 The starting order will be in class and number order where possible.
- 6.5 The starting signal will be a green light with competitors starting in their own time, SINGLY and within 15 seconds.
- 6.6 Timing will be via automatic timing beam and a competitor's time will start as they break the beam. On completion of their run, competitors will break the finish beam at a point indicated by a chequered flag board. Competitors will then return to the paddock via the routes identified on the route card.

## ARTICLE 7 – Classes

7.1 Vehicles will be divided into the following categories (see S10 of the 2019 Motorsport UK year book) and classes:

### **A. Road Going Series Production (S.10.10.1), Specialist Production (S.10.10.2), Standard Cars (S.11.9.1) - Excluding cars in Appendix 1**

1. ***'Standard Cars': Up to 1600cc – 2wd only, list 1A tyres***
2. ***'Standard Cars': Over 1600cc to 2000cc – 2wd only, list 1A tyres***
3. ***Up to 1600cc - 2wd only, list 1A or 1B tyres***
4. ***Over 1600cc to 2300cc – 2wd only, list 1A or 1B tyres***
5. ***Over 2300cc - 2wd only, list 1A or 1B tyres***
6. ***4wd of all engine capacities - with list 1A or 1B tyres.***

*Road Going Kit Type and Replica Cars (Examples are included in Appendix 1)*

7. ***Up to 1800cc - excluding Motor cycle engine cars. list 1A or 1B tyres***
8. ***Over 1800cc - including all Motor cycle engine cars, list 1A or 1B tyres***

**B. Modified Series /Specialist Production (S.10.10.3/S.10.10.4) excluding those listed in Appendix 1:**

**9. Up to 1400cc**

**10. Over 1400cc to 2000cc**

**11. Over 2000cc**

*Kit Type and Replica Cars (Examples are included in Appendix 1)*

**12. Up to 2000cc**

**13. Over 2000cc - and all Motor cycle engine cars.**

**C. Sports Libre Cars (S.10.10.6)**

**14. Sports Libre Cars with 'Car' engines up to 1800cc and Motor cycle engine cars up to 1100cc.**

**15. Sports Libre Cars with 'Car' engines over 1800cc, Motor cycle engine cars over 1100cc.**

**D. Racing Cars (S.10.10.7), Hillclimb Super Sports Cars (S.10.10.5)**

**16. Racing Cars - and those Racing Cars conforming to 'Formula Ford' specifications.**

**17. Racing Cars over 1100cc**

**Appendix 1:** Two-seater cars such as Caterham, Westfield, Sylva, Fisher and Lotus 7, Elise, Exige and 340R, Vauxhall 220, X-bow- and similar types / derivatives.

**Note 1:** Engine capacity increase/decrease factors: a. Forced induction, an increase of 40%, except for 'Standard Cars' where an increase of 70% should be applied. Rotary engined cars, an increase of 50% on the real capacity. Note 2. To compete in a Single Seater Racing or Sports Libre Car, manufactured after 31/12/1960 of more than 2000cc, the driver must hold a Speed National A [OPEN] or Race National A licence unless the car is currently licensed for use on the public highway.

In the event of a dispute concerning the compliance of a vehicle to the regulations for the event the onus will be on the competitor to prove the compliance to the organisers. Road going cars must be taxed, insured and fully MOT tested (where necessary) and road legal in all respects. Documentation must be available at signing on if verification is requested or required by individual events.

**Guidance on changes from 2018.**

1. Classes A1 and A2 are for standard cars only. In previous years these have included those cars built before 2000 that would otherwise meet the standard car category. This has now been altered and only cars manufactured after 1<sup>st</sup> January 2000 are deemed as 'Standard Cars'.
2. The engine capacity break point between Classes A7 and A8 has been changed to 1800cc as it is believed this will provide a better balance for the current range of competitors. For example: all Lotus Elise have a capacity of 1796cc and those normally aspirated run in A7 whilst those with forced induction versions (once the multiplication factor is applied) will run in A8.



## ARTICLE 10 – Officials of the Meeting

10.1 The Officials of the event are as follows:

MSA Steward	TBA	
Club Stewards	Darren Loveys & Bryan Hull	
Clerk of the Course	Barry Guess	01252 727390
Trainee Clerks of the Course	Martin Douglas	
	Tony Perrett	
Course Controller	Gavin Cross	
Secretary of the Meeting	Lawrie Cooper	01189 419142
Entries Secretary	Pam Guess	01252 727390
		<i>entries.secretary@aol.com</i>
Chief Marshal	Dave Whyman	07831 671308
		<i>davewhyman@hotmail.com</i>
Safety Officer	Sarah Johnson	07581 344778
Course Set-Up	Martin King	
	Justin Patients	
Competitor Liaison	David Penn	07969 826837
MSA Chief Scrutineer	George Rolph	01737 842909
MSA Environ. Inspector	Dennis Dubber	07831 107227
Chief Timekeeper	Matt Downes	07990 586214
Communications Officer	Sue Fielding	01252 628020

**PLEASE DO NOT TELEPHONE OFFICIALS AFTER 22.00 HOURS**

## ARTICLE 11 – Judges of Fact

11.1 Judges of Fact will be appointed (G10.1) as follows:

Start Line Marshals	<i>Unsatisfactory or false starts.</i>
Course Marshals	<i>Not following correct course, touching course markers or baulking.</i>
MSA Envir. Inspector	<i>Excessive noise/sound.</i>

## ARTICLE 12 – Modifications to MSA Regulations

12.1 Regulations of the 2019 Motorsport UK Year Book are as written except the following, which are, modified: -

S9.2.3	Double entries	<i>Driver may be permitted to drive more than one vehicle although these must be in different classes. Vehicles may be entered by 2 separate drivers in the same class (S9.2.4).</i>
S2.1	Practice	<i>Refer to Article 6.</i>
S9.3.7	Flags	<b>RED</b> means <b>STOP</b> on the left side of the course until given instructions by an official to proceed. Competitors ignoring this flag will be excluded. <b>YELLOW</b> means <b>SLOW DOWN</b> and proceed with caution or as instructed by the marshals. <b>CHEQUERED FLAG or Board</b> means <b>END</b> of timed run.

## ARTICLE 13 – Reminders

You are respectfully reminded that it is the responsibility of the competitor to ensure that they comply with the General Regulations of the Motorsport UK Year Book 2019 and the following are just some reminders. The organisers take no responsibility for any omissions.

- 13.1 **NOISE:** Vehicles in Cat A and B must be silenced to road-going limits. All other vehicles must comply with Chart J5.18
- STRUTS:** Timing struts must be in accordance with S10.9
- NUMBERS:** Competition numbers WILL NOT be supplied although they will be on sale at Signing On. These must be in accordance with J4.1 and must be placed on a contrasting background.
- OVERALLS:** It is mandatory for all competitors to wear clean flame-resistant overalls in accordance with K9.1.2. It is also strongly recommended that flame-resistant underwear etc. Gloves must be also be worn.
- SAFETY:** All entrants must ensure that all persons connected with their entry have read and fully understood the following statement: - *'Every person participating in this event, whether employed or voluntary, shall take reasonable care for health and safety of themselves or other people who may be affected by his/her acts or omissions during the operation of the event.'*

## ARTICLE 14 – Additional Information

- 14.1 The Official Photographer will be Mark Sims of [www.rallygallery.com](http://www.rallygallery.com) (01926 358036).
- 14.2 Food and hot drinks will be available throughout the day.
- 14.3 Spectators are permitted but these must be at the venue prior to 08:00 hours and will only be permitted to leave the venue at lunch time or at the end of the event. **Please note that access gates will be closed at 08:30 hours.** Spectating is prohibited from all areas other than the Paddock Enclosures and the designated viewing area at the first chicane, accessed by the marked pedestrian walkway.
- 14.4 PLEASE NOTE THAT CAMPING AT THE VENUE IS NOT PERMITTED ON THIS OCCASSION

**FOR ALL THE LATEST INFORMATION**

**PLEASE VISIT**

**[www.scmc.co.uk](http://www.scmc.co.uk)**